

Year 4
Week Beginning 29th June 2020
Class email address: camelotyr34@gmail.com

Reading

Read for 30 minutes every day.

Remember you could read to a sibling or have family reading time. Get the duvets out, build a den and have bedtime stories at any point in the day!

Listen to a story online. Keep a record of the stories you have listened to.

Remember to go on read theory every day.

<https://readtheory.org>

User name and password in your reading record book.

Access study ladder. Go to tasks set.

<https://www.study ladder.co.uk/>

There will be new tasks set each week.

User name and password in your reading record book.

Maths

<https://whiterosemaths.com/homelearning/year-4/>

Topic	Video	Premium Subscriber? Get the worksheet!
Subtract two 4-digit numbers - no exchange	https://vimeo.com/427996624	Autumn Block 2 Subtract two 4-digit numbers - no exchange
Subtract two 4-digit numbers - one exchange	https://vimeo.com/428000196	Autumn Block 2 Subtract two 4-digit numbers - one exchange
Subtract two 4-digit numbers - more than one exchange	https://vimeo.com/428000367	Autumn Block 2 Subtract two 4-digit numbers - more than one exchange
Efficient Subtraction	https://vimeo.com/428003455	Autumn Block 2 Efficient subtraction

You will need to open this file and follow the links to access the videos.

The worksheets and answers are on our class page this week.

Watch the video as you work through.

Monday: Lesson 1 - Subtract two 4-digit numbers - no exchange

Tuesday: Lesson 2 - Subtract two 4-digit numbers - one exchange

Wednesday: Lesson 3 - Subtract two 4-digit numbers - more than one exchange

Thursday: Lesson 4 - Efficient subtraction

Friday: Friday Maths Challenge

Tables

Access maths frame and timestable.co.uk each day

<https://mathsframe.co.uk/en/resources/category/7/multiplication-and-division>

<https://www.timestables.co.uk/>

Spellings:

<https://spellingframe.co.uk/>

Practice any of your statutory words. You can create your own spelling lists.

Topic

What was it like to live in the Iron Age? <https://www.bbc.co.uk/bitesize/articles/zb3ny9q>

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English

Look at the attached files and work through each day.

Science

See the attached work.

PE

Don't forget to do Mrs Boeg's sports challenges. You can find this week's challenge on the sports page.

Exercise every day.
Joe wicks workout
BBC super movers
Go noodle

SUPERHERO BALANCE
Put 1 arm straight out in front & lift opposite leg back
Lean forward as far as you can keeping your balance
CHALLENGE
To hold for the count of 12 on each leg

REVERSE GET UPS
Lie on your front with hands level with shoulders
Push up into a front bridge bringing knees into chest
Stand up with arms above head then return safely to the floor
CHALLENGE
To do 14 with the correct technique

FRONT BRIDGE ONE ARM
Hands and feet only on the floor
Lift up and hold body keeping back and arms straight. Lift up one arm keeping your body straight and still
CHALLENGE
To hold for the count of 10 on each arm

JUMPING SIDE TO SIDE
Jump in a sideways direction keeping feet together
Land with soft feet & bent knees
CHALLENGE
To do 18 with the correct technique

STAR JUMPS
Jump with your arms and legs out to make a star shape
Jump back in to start position
CHALLENGE
To do 22 with the correct technique

YEAH!
You completed the challenge!
Can you complete this 6 times in total before your next assessment?
Tick a box each time you complete a challenge

Did you know? Our heart keeps blood and oxygen moving around our body. You can look after it by eating a good diet and getting 60 minutes of exercise each day!