

Year 3  
Week Beginning 29<sup>th</sup> June 2020  
Class email address: [camelotyr34@gmail.com](mailto:camelotyr34@gmail.com)

### Reading

Read for 30 minutes every day.

Remember you could read to a sibling or have family reading time. Get the duvets out, build a den and have bedtime stories at any point in the day!

Listen to a story online. Keep a record of the stories you have listened to.

Remember to go on read theory every day.

<https://readtheory.org>

User name and password in your reading record book.

Access study ladder. Go to tasks set.

<https://www.studyladder.co.uk/>

There will be new tasks set each week.

User name and password in your reading record book.

### Maths

Topic	Video	Premium Subscriber? Get the worksheet!
Add lengths	<a href="https://vimeo.com/427994247">https://vimeo.com/427994247</a>	Spring Block 4 Add lengths
Subtract lengths	<a href="https://vimeo.com/427994372">https://vimeo.com/427994372</a>	Spring Block 4 Subtract lengths
Measure perimeter	<a href="https://vimeo.com/427995490">https://vimeo.com/427995490</a>	Spring Block 4 Measure perimeter
Calculate perimeter	<a href="https://vimeo.com/427995317">https://vimeo.com/427995317</a>	Spring Block 4 Calculate perimeter

You will need to open this file and follow the links to access the videos.

The worksheets and answers are on our class page this week.

Watch the video as you work through.

Monday: Lesson 1 - Add lengths

Tuesday: Lesson 2 - Subtract lengths

Wednesday: Lesson 3 - Measure perimeter

Thursday: Lesson 4 - Calculate perimeter

Friday: Lesson 5 - Friday challenge

### Tables

Access maths frame and [timestable.co.uk](https://www.timestable.co.uk) each day

<https://mathsframe.co.uk/en/resources/category/7/multiplication-and-division>

<https://www.timestables.co.uk/>

### Spellings:

<https://spellingframe.co.uk/>

Practice any of your statutory words. You can create your own lists.

### Topic

What was it like to live in the Iron Age? <https://www.bbc.co.uk/bitesize/articles/zb3ny9q>

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English

See the attached work.

Science

See the attached work.

PE

Don't forget to do Mrs Boeg's sports challenges. You can find this week's challenge on the sports page.

Exercise every day.  
Joe wicks workout  
BBC super movers  
Go noodle

**SUPERHERO BALANCE**  
Put 1 arm straight out in front & lift opposite leg back  
Lean forward as far as you can keeping your balance  
CHALLENGE  
To hold for the count of 12 on each leg

**REVERSE GET UPS**  
Lie on your front with hands level with shoulders  
Push up into a front bridge bringing knees into chest  
Stand up with arms above head then return safely to the floor  
CHALLENGE  
To do 14 with the correct technique

**FRONT BRIDGE ONE ARM**  
Hands and feet only on the floor  
Lift up and hold body keeping back and arms straight. Lift up one arm keeping your body straight and still  
CHALLENGE  
To hold for the count of 10 on each arm

**JUMPING SIDE TO SIDE**  
Jump in a sideways direction keeping feet together  
Land with soft feet & bent knees  
CHALLENGE  
To do 18 with the correct technique

**STAR JUMPS**  
Jump with your arms and legs out to make a star shape  
Jump back in to start position  
CHALLENGE  
To do 22 with the correct technique

**YEAH!**  
**You completed the challenge!**  
Can you complete this 6 times in total before your next assessment?  
Tick a  box each time you complete a challenge

**Did you know?**  
Our heart keeps blood and oxygen moving around our body.  
You can look after it by eating a good diet and getting 60 minutes of exercise each day!